



**UNISON** YOGA Sessions in the Civic Centre

Drop in - £6 only

Bring your own mat

Each Monday from 12:45 to 1:45pm\*

03/09/18	Room 2	01/10/18	Conf Room
10/09/18	Room 2	08/10/18	Conf Room
17/09/18	Room 6	15/10/18	Room 2
24/09/18	Conf Room	22/10/18	Room 2
*Different time 12:30 - 1:30pm		29/10/18	Room 2