

# Newsletter

**UNISON Enfield Retired Members Association**

## Help us use *your* money better!



Welcome to your new-look Enfield UNISON Retired Members Association newsletter.

Please let us know what you think about the new design!

At the moment we spend a large chunk of our funds (your money!) on posting out this newsletter.

It's important that we stay in touch with you, but we also have limited funds.

If you use email, you can help us by agreeing to receive this newsletter and other communications by email, rather than by post. (If you already do, many thanks!)

And it's very easy to get our newsletter by email. All you need to do is either:

- emailing the Enfield UNISON branch office at [office@enfieldunison.co.uk](mailto:office@enfieldunison.co.uk) and ask to have your membership record updated. Please supply your full name, email address, and your membership number if known.
- use the form below and post it to the UNISON branch office (the address is on the form).

But don't worry if email isn't for you, we will still post out the newsletter to those who prefer a paper copy of the newsletter.

**Yes! Please use my email address for contact by the Enfield UNISON Retired Members Association.**

Full name \_\_\_\_\_

E-Mail address \_\_\_\_\_

UNISON Membership Number (if known) \_\_\_\_\_

Please post to: Enfield RMA, UNISON Branch Office, Room 219, Civic Centre, Silver Street, Enfield, EN1 3ES.

## **DATES FOR YOUR DIARY**

*Don't miss out!*

### **Membership Meetings**

**9 July (CR)**  
Picture Quiz  
*Bernard Ecker*

**13 August (CR)**  
Talk on Vienna  
*Maggie Radcliffe*

**10 September (CR)**  
Talk on Leigh Hunt,  
Friend of poets  
*Joe Studman*

**8 October (CR)**  
Turkey: flowers and  
ancient history  
*John Wallington*

**12 Nov(CR)**  
Guest speaker  
to be confirmed

CR=Conference Room  
CC=Council Chamber

All meetings take place at 2.30pm on Tuesdays at the Enfield Civic Centre, Silver Street, unless otherwise stated.

## **WELCOME**

*Our new members!*

Sheila Lahey  
Linda Hall  
John Petch  
Beverley Banks  
Jan Bedford  
Anna Papachristou

### **Did you know Enfield UNISON is on the internet?**

We all love a newsletter, but you can also keep up with Enfield UNISON news on the internet at [www.enfieldunison.co.uk](http://www.enfieldunison.co.uk) or if you use Facebook by searching for Enfield UNISON.



# Are you lonely?

We all might feel lonely from time-to-time, but for too many older people it can be a big problem. If you have lost a partner or friends, live in an isolated place or somewhere with poor transport, are in poor health or disabled, or simply can't afford to socialise, loneliness can be a terrible thing.

And loneliness can actually affect your health and your prospects for living longer. It's not simply a matter of needing better neighbours, it's a national matter of health and well-being. This has been acknowledged by the Government, but there have been precious little in the way of resources made available to help address the issue.

It is good to see that Enfield Council has been making its own efforts on this.

At our retired members' AGM we agreed to raise this issue with UNISON at national level, and call for better public services to help overcome this issue. Unfortunately, the motion the branch submitted to the National Delegate Conference was not prioritised for debate, but it is clearly very much a 'live' issue.

But there are already some ways you can make a difference in your life.

First of all, why not come along to one of our own Retired Members' meetings? We are a friendly bunch and are always pleased to see new faces, or old friends who perhaps we haven't seen for a while. We also run trips and outings, and hold a Spring buffet at the Civic Centre.

And there are other options too.

Have you heard of the **Silver Line**? It's a free telephone helpline offering older people a confidential service with friendship, advice and information. It's open 24 hours a day, every day of the year. They can be called on **0800 4 70 80 90**. Or you can find them on the web at [www.thesilverline.org.uk](http://www.thesilverline.org.uk)

There are also local services and activities that you may be interested in:

**The Ruth Winston Centre** in Palmers Green ([ruthwinstoncentre.com](http://ruthwinstoncentre.com));

**University of the Third Age - U3A** ([u3a.org.uk](http://u3a.org.uk));

**Enfield Over 50s Forum** ([enfieldover50sforum.org.uk](http://enfieldover50sforum.org.uk))

## Illustrated talk on Austria, Bavaria, and the Sound of Music

*Report by Malcolm Carter*

At our May members' meeting we welcomed back Maggie Radcliffe and her husband Tony, who have entertained us on several occasions over the past years.

Maggie took us on a delightful journey, visiting various places of interest in Austria and Bavaria, which were illustrated on the screen by Tony.

The photographs included Obersalzberg, the quiet retreat and home to Adolf Hitler's famous Eagle's Nest, which sits on a mountain peak high above Berchtesgaden in the Bavarian Alps. After WW2 ended, a failed attempt was made by the Americans to bomb the Eagle's Nest and, as a result, the area has since become a very popular tourist attraction.

Maggie also gave us a very interesting insight into the making of 'The Sound of Music', describing how Julie Andrews had to overcome many difficulties during filming and how even comparatively short excerpts often took several hours to complete. The idiosyncrasies of producers and actors were also highlighted.

Presented in Maggie's own inimitable way, it was a most enjoyable afternoon. way, it was a most enjoyable afternoon.

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*Our next members' meeting takes place 9 July at the Civic Centre, Silver Street, when Bernard Ecker will be running a picture quiz!*

**UNISON - There For You** Did you know UNISON offers support to members in need, over and above helping with problems at work? Whether it's financial assistance, well-being breaks, welfare advice, or a whole host of other matters, they can offer support. Find out more at [unison.org.uk](http://unison.org.uk) and search 'There For You'.

# GET OUT AND ABOUT! BOOK NOW! DON'T MISS OUT!

(For general conditions see over page)



## Clacton-on-Sea by coach Wednesday 7 August

The coach leaves Civic Centre at 9.30 am to arrive at Clacton 11.30am. The coach will leave Clacton at 4.30pm.

The trip costs **£26.50**, and payment must be made by cheque, no later than four weeks before the trip, using the form below. Please note we are unable to refund for any cancellations.

Book your place now with our Treasurer, Olive Parsons using the form below, or by telephone on 020 8366 5840.

**Clacton-on-Sea coach trip, Wednesday 7 August** Please reserve me \_\_\_\_\_ places

Full name \_\_\_\_\_ Tel.No. \_\_\_\_\_

I enclose a cheque payable to Enfield UNISON RMA for £ \_\_\_\_\_  
(£26.50 per place, plus £2 per vehicle if parking required at Civic Centre).

Please post to: Olive Parsons, Enfield RMA, 38 Halifax Road, Enfield, EN2 0PP

## Theatre Trip - 16 October

Wednesday matinee (2.30pm) £53.00 per person

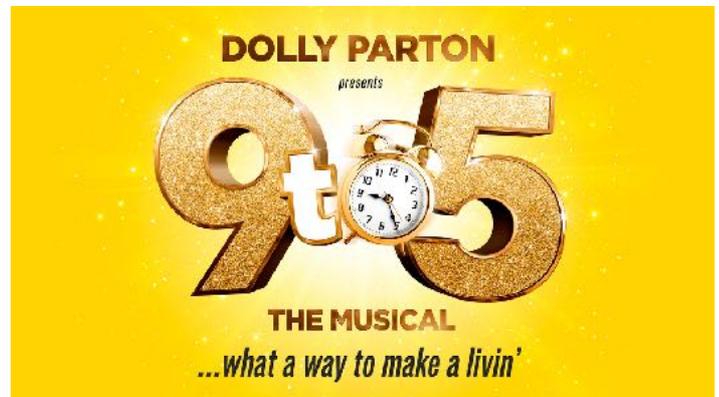
The coach leaves the Civic Centre at noon.

This tells the story of Doralee, Violet and Judy. Three workmates pushed to boiling point by their sexist and egotistical boss. Concocting a plan to kidnap and turn the tables on their despicable supervisor will the girls manage to reform the fir office or will events unravel when the CEO pays an unexpected visit.

This hilarious new West End production is about teaming up, standing up and taking care of business. **Please book as early as possible as ticket numbers are limited. A minimum £20 deposit is required.**

An extra £2 per vehicle is required for Civic Centre car parking.

Book your place now with our Treasurer, Olive Parsons using the form below or by telephone 020 8366 5840



**9 to 5 theatre trip, Wednesday 16 October** Please reserve me \_\_\_\_\_ places

Full name \_\_\_\_\_ Tel.No. \_\_\_\_\_

I enclose a cheque payable to Enfield UNISON RMA for £ \_\_\_\_\_  
(£53.00 per place, plus £2 per vehicle if parking required at Civic Centre).

Please post to: Olive Parsons, Enfield RMA, 38 Halifax Road, Enfield, EN2 0PP



## Spring buffet report

*Tony Best writes:* This year's Spring Buffet was again a very enjoyable evening, the food was delicious with plenty to choose from and the wines, both red and white, were extremely good.

The Deputy Mayor Kate Anolue, was kind enough to attend for the

whole time and she spoke to most guests personally, she also made the raffle entertaining by calling the numbers as they came out of the hat.

We were pleased that the team from the Unison Office was able to join us and we thank our own committee members for their work in organising the evening. Thanks also to member David Norton for providing the pleasant and relaxing background music which helped to make the evening so successful.

## Those we have lost

### Doreen Denton

*Janet Norton writes:* It is with much sadness I have to inform members that we lost Doreen recently and she was cremated on 20<sup>th</sup> May when family and friends came to say their fond goodbyes. Doreen was a member of Enfield UNISON Retired Members Group for a considerable time and for several years had organised our speakers for our monthly member meetings despite her age. She belonged to a local bowls club and at 90 she was still an excellent bowler. Doreen was a member of our Committee and she will be greatly missed by all who knew her. She supported our trips and theatre outings and all our other activities. We are very sad at her passing but she will never be forgotten by anyone who knew her.

### Sheila Dawson

It is with great sadness we have learned of the death of Sheila Dawson who for many years was a great supporter of the Retired Members. Never missing meetings or outings. We will miss you Sheila, rest in peace.



## Ruth Winston Centre Open Day

### Tuesday 24 September

If you live in Enfield, or on the borders, why not go along to the Ruth Winston Centre open day between 10am and 3.00pm to see what they have to offer? It's free entry on the day and gives you the chance to see their facilities for the over 50s.

Refreshments and snack lunches will be available to purchase throughout the day.

Activities you may see or be interested in, include Line Dancing, Yoga, Bridge, Afternoon Social, Ukulele Band, Sing a Long, Arts and Crafts, and many more.

**The Ruth Winston Centre is located at 190 Green Lanes, London, N13 5UE**

## Outings and events general conditions

**Coach trips:** 1. Early booking is advised to ensure trip is financially viable. 2. Payment must be made by cheque made out to Enfield Retired Members Association and sent to Mrs.O.Parsons, 38 Halifax Road, Enfield, EN2 0PP. 3. Refunds cannot be given in the event of unused tickets, only in the event of whole trip cancellation. 4. In the event of being over-subscribed, names will be added to the waiting list. 5. In the event there is not a waiting list, tickets may be sold on, but the treasure must be advised. 6. Please ensure you phone our trip hotline on 07718 285635 if you are delayed on the day for whatever reason. 7. Where a trip includes a booked lunch, the menu choice cannot be changed after it has been submitted. You are advised too make a note of your food choices for reference. 8. If for mobility or other reasons you need seating at the front of the coach, please mention this when booking. 9. Coaches pick up in Churchbury Lane (at the side of Enfield Civic Centre). 10. Free parking is available at the Civic Centre for evening and weekend events, daytime events require a fee of £2. Members are advised to display a note marked 'Enfield UNISON RMA' while parked in the civic centre car park. 11. For theatre events, a £10 fee per ticket holding fee must be paid at the time of booking. **Disclaimer: Enfield Unison Retired Members Association its officers and members are not liable to any member person guest or company whomsoever for any loss accident injury or damage which may occur during or arising from any activity, meeting or outing arranged by for or on behalf of them at any time.**

## YOUR COMMITTEE MEMBERS

The following are the members of the the Enfield RMA Committee at 2019/20

### Chair

Janet Norton

### Vice Chair

Malcolm Carter

### Secretary

Barbara Bowery  
(Tel. 020 8805 2667)

### Treasurer

Olive Parsons  
(Tel. 020 8366 5840)

### Outings Organisers

Anne Best, Janet Norton

### Speaker Organiser

Marion Rowsell

### Newsletter

Gary Williams

### Regional Committee

(Vacant position)

### Auditor

Chris McClean

The Committee meets around every two months at the Enfield Civic Centre.

Please contact the Secretary, Barbara Bowery, if you wish to raise a matter with the Committee.

### Branch Office

Tel 020 8379 4084 or  
office@enfieldunison.co.uk